



Daily milk offerings are Chocolate 1%, White 1% & Skim. All offered food items are free of Trans fats and meet the NSLP requirements for a healthy school lunch.



**Fitness Tip:** MyPlate recommends:

- Children need at least 60 minutes of physical activity every day.
- Be active together as a family.
- Physical activity should be fun and offer variety.



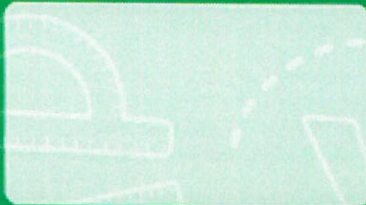
### Monday

### Tuesday

### Wednesday

### Thursday

### Friday



Taco Max Snax  
Chips & Salsa  
Corn  
Fruit Slushie **1**

Nacho Supreme  
Yogurt Cup  
Refried Beans & Salsa  
Green Beans  
Pears **2**

Chicken Nuggets  
Mashed Potato & Gravy  
Baby Carrots & Dip  
Trix Cereal Bar  
Applesauce **3**

Grilled Cheese Sandwich  
Romaine Salad  
Baked Beans  
Peaches **4**

Spaghetti w/Meat Sauce  
Romaine Salad  
Garlic Rounds  
Mixed Fruit **7**

Chicken Pattie on Bun  
Carrots &/or Peas  
Rice Crispie Treat  
Apple **8**

Pancakes  
Sausage Links  
Potato Rounds  
Peaches **9**

Ribette on Bun  
Baked Beans  
Baby Carrots & Dip  
Fruit Slushie **10**

Bosco Cheese Sticks  
Spaghetti Sauce  
Romaine Salad  
Applesauce **11**

Ham & Cheese Rollup  
Romaine Salad  
Tomato Slices  
Cheetos  
Pears **14**

Sloppy Joe on Bun  
Baked Beans  
Baby Carrots & Dip  
Applesauce **15**

Salisbury Steak  
Mashed Potato & Gravy  
Broccoli Florets & Dip  
Dinner Roll  
Peaches **16**

Cheese Pizza  
Green Beans  
Celery & Dip  
Fruit Slushie **17**

Soft Shell Taco  
Refried Beans & Salsa  
Corn  
Rice Crispie Treat  
Mixed Fruit **18**

**K-8  
Cookout** **21**

Ham & Cheese on Bun  
Baked Beans  
Baby Carrots & Dip  
Peaches **22**

French Bread Pizza  
Green Beans  
Celery & Dip  
Fruit Slushie **23**

**Everything  
Goes!!!!** **24**

**Last Day of School  
Early Dismissal  
No Lunch Served** **25**

