

# April 2018

## SAUNEMIN ELEMENTARY SCHOOL

### LUNCH



Daily milk offerings are **Chocolate Fat Free, White 1% & Skim**. All foods offered are free of **Trans Fats** and meet the **NSLP requirements** for a healthy school lunch.



**Nutrition Tip:** Practice stealth health - sneak veggies into favorite foods. Go light on the meat and top your pizza with vegetables like tomatoes, onions, bell peppers, mushrooms, zucchini, and artichoke hearts.



### Monday

### Tuesday

### Wednesday

### Thursday

### Friday

2

SPRING  
BREAK

3

Corn Dog  
Baked Beans  
Baby Carrots  
Fruit Slushie

4

Pancakes or Waffle  
Ham Slice  
Potato Rounds  
Pears

5

Chicken Strips  
Sweet Potato Fries  
Broccoli Floret  
Corn Muffin  
Mandarin Oranges

6

Cheese Pizza  
Romaine Salad  
Tomato Wedges  
Green Beans  
Peaches

9

Chicken Filet on Bun  
Romaine Salad  
Tomato & Cucumber Slices  
Apple

10

Sloppy Joe on Bun  
Potato Wedges  
Baby Carrots & Dip  
Peaches

11

Chili w/Crackers  
Corn  
Celery Sticks & Dip  
Chocolate Chip Cookie  
Applesauce

12

Grilled Cheese Sandwich  
Tomato Soup & Crackers  
Green Beans  
Mixed Fruit

13

Pretzel & Cheese  
Diced Ham  
Steamed Broccoli  
Baked Beans  
Pears

16

Hamburger Pattie on Bun  
Tomato Slices  
French Fries  
Applesauce

17

Spaghetti w/Meat Sauce  
Garlic Rounds  
Green Beans  
Mixed Fruit

18

KFC Bowl  
Dinner Roll  
Fruit Slushie

19

Turkey BLT Flatbread  
Baked Beans  
Baby Carrots & Dip  
Pears

20

French Bread Pizza  
Romaine Salad  
Broccoli Florets & Dip  
Mandarin Oranges

23

Bosco Sticks  
Spaghetti Sauce  
Romaine Salad  
Baked Beans  
Apple Slices

24

Hot Dog on Bun  
Corn  
Cheese Puffs  
Fruit Slushie

25

Salisbury Steak  
Mashed Potato & Gravy  
Baby Carrots & Dip  
Breadstick  
Peaches

26

Soft Shell Taco  
Refried Beans & Salsa  
Green Beans  
Applesauce

27

Chicken Fried Rice  
Egg Roll  
Mandarin Oranges

30

Hamburger on Bun  
French Fries  
Tomato Slices  
Mixed Fruit

